



UNIVERSITY OF WISCONSIN

Marathon
County

IN COOPERATION WITH UW-EXTENSION

WWW.UWMC.UWC.EDU/CONTINUING_EDUCATION

CONTINUUM

OPEN
THE
DOOR

TO
LIFELONG
LEARNING

FALL 2014

CONTINUUM - FALL 2014



Now is the best time to upgrade your skill set, travel or enrich your life in other ways. At UW-Marathon County we have several opportunities for you to learn new things ranging from business and professional development courses, to theater trips, to health and personal enrichment.

The *Learning In Retirement* (LIR) program (See page 11) is in its second year. The Ted Talks with Coffee series has proved to be very popular. Many thanks to the LIR steering committee that set up the fall offerings.

Our course offerings include:

- Business, FINANCE & Professional Development (including teachers)
- College of the Emeriti (life-long learners) and *Learning in Retirement*
- Photography
- The Humanities
- Youth Programs (including ACT prep)
- Computer Applications
- Health & Personal Enrichment
- Travel and Study Abroad
- International Dinners, Languages & Culture

Register now to insure your class spot. The door is open.

Vickie Richmond Hawkins

Director, Continuing Education
UW-Marathon County

What is a CEU?

Continuing Education Units, where indicated, may be awarded upon completion of a course. Ten hours is equivalent to 1.0 CEU. If you need a CEU certificate, request it at the time of registration.

Online Classes



When you see this computer symbol next to a course – it means the class is offered online for six weeks, and you will need Internet access to register. CEUs are also awarded for online classes when requested at time of registration. Six-week online courses earn 2.4 CEUs.

Five Easy Ways to Sign Up for Classes



ONLINE: www.uwmc.uwc.edu/community/continuing_ed



Phone: (715) 261-6294



Fax: (715) 261-6333



Mail: Continuing Education Office, UWMC,
518 S. 7th Ave., Wausau, WI 54401



In Person: Continuing Education Office
8 AM – 4:30 PM, M-F
Room 202
UW Center for Civic Engagement

International Dinner/Lecture Registrations

An unpaid phone registration will only hold your space until the Tuesday before the dinner. If your fee has not been received by then, your registration will be cancelled.

Class Confirmations/Cancellations

Classes are filled on a first-come, first-served basis. You will be sent a confirmation if you request one or register online. Proceed to your class unless you hear otherwise.

We reserve the right to cancel any course that does not have sufficient enrollment.

Refund Policy

A full refund is automatically processed if you cancel 10 days or more before the first class session, except for theatre trips. A cancellation fee of \$5 will be charged for cancellations nine days or less before the start of a course.

Refunds for limited enrollment courses and theatre trips will be granted only if your space can be filled from a waiting list.

Refunds are not given once the class begins except for Ed2GO ONLINE courses. For online courses, a refund, less \$5, will be given up to four working days after the course has begun.

Weather Conditions Resulting in Class Cancellation

Seldom does the university close due to weather conditions but, should this occur, we will notify those who have supplied us with a daytime phone number and/or e-mail address. Arrangements will be made by the instructor with the class for a make-up session.



Like us on Facebook and find out the latest news on trips and other events.

Looking for Instructors

Instructors interested in teaching for Continuing Education should send a résumé and course proposal to the Continuing Education Office, UWMC, 518 S. 7th Avenue, Wausau, WI 54401 or send an e-mail to vickie.richmondhawkins@uwc.edu.

Equal Opportunity

UW-Extension provides equal opportunities in programming, including Title IX requirements. Please advise at the time of registration if you have physical limitations and need special accommodations.

**FINANCIAL SERVICES PROFESSIONAL
FALL SYMPOSIUM**

Tuesday, October 14, 2014

8 AM – 4 PM

Westwood Conference Center

8 hours of continuing education

including ethics credits

Brochure at:

www.uwmc.uwc.edu/community/continuing-ed

BUSINESS RESEARCH CERTIFICATE \$495

Discover the specific knowledge needed to succeed in researching and utilizing the best and most appropriate data for decision making for your work organization. Get the skills needed to effectively communicate research results to a specific audience for maximum impact and effective decision making. For business professionals, entrepreneurs, and anyone who needs specific information about a business such as market potential, competitive intelligence, standard industry practice, productivity improvement, etc. This course will give you the specific knowledge you need to succeed in your research quest.

Three one-month online courses (only available as a certificate). *Mary Dereshiwsy* and *Cathy Boys*, instructors.

MOBILE MARKETING CERTIFICATE \$595

The way consumers are interacting with brands and connecting to the world is changing because of mobile technologies and applications. Find out about location-based *marketing*, mobile payments, QR codes, applications, and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones.

Then get step-by-step instructions on how non-technical users can build, deploy and market smartphone applications across Android, iPhone and Blackberry platforms.

Finally, get the knowledge needed to implement a mobile marketing plan for your organization. Find out about proximity marketing, mobile marketing metrics, and developing a mobile marketing campaign.

Three one-month online courses. *Heather Dimitt*, *Dan Belhassen* and *Susan Hurrell*, and *Simon Salt*, instructors.

To register for the courses and certificates above and for information on related courses go to:

[www.yougotclass.org/
catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)

**2014 LANDLORD TENANT
LEGAL UPDATE**

#PD15-F146

1 session, Monday
October 6, Section A
6 – 8 PM

Room 243

--OR--

October 13, Section B
6 – 8 PM

#PD15-F147
Room 243

Instructor: *John H. Fischer*

Fee: \$19

In 2011, ACT 143 changed over 30 aspects of the laws that landlords must comply with. More recently, 2013 ACT 76 made over 60 changes. Learn about these laws including changes to security deposit, abandoned property and eviction procedures.

INTERCULTURAL COMMUNICATION \$195

Globalization requires us to adapt our communication skills to be successful in a culturally diverse world. Whether you're in business, education, the social services, or are simply an adventuring globetrotter, understanding intercultural communication will go a long way to ensuring success in navigating the currents of communication across cultures. Delve into the different approaches to cross-cultural communication, and come away with a new perspective on culture. Take away from the course a better understanding of how cultural-worldview shapes and drives communication.

CYBER SECURITY FOR MANAGERS \$245

Cyber security issues are all around us and reach nearly every part of our business and work, from online banking and education to Facebook and Wi-Fi. Finally, you can get up to date on Cyber Security basics and fundamentals. Designed for non-technical managers, directors and others in the work place, you will learn about threats and vulnerabilities, safeguards, common attacks, viruses, malware and spyware, disaster recover planning, intrusion detection/prevention, basic security architecture, introductory forensics, and cyber terrorism.

In this course, you will gain the knowledge needed to practice safer computing and how to safeguard your business and work information.

One-month online course, *Stan Waddell*, instructor.

THE BUSINESS PLAN \$195

Whether starting a business or growing the one you have, a business plan serves as a roadmap and can help secure needed funding. In this course, you evaluate the many aspects and potential hurdles of the business and build a business plan, one step at a time.

This practical, hands-on approach encourages you to immerse yourself in the vision and planning aspects of your business. Focusing on the most critical components of a business plan enables you to uncover hidden risks and assess the business from a marketing, management, and financial vantage point.

One-month online course, *Mary Beth Izard*, instructor.

STEP-BY-STEP GUIDE TO EVICTIONS

Session A, Wednesday, October 8 PD15-F142
Session B, Wednesday, October 15 PD15-F143
6 – 8 PM Room 243
Instructor: *John H. Fischer*
Fee: \$19

Evicting tenants is the single most difficult thing landlords must do, both legally and ethically. This course is designed to help with the legal aspect, including defining a breach of lease, sending the proper notice and covering Marathon County's small claims court procedures and forms.

LANDLORD /TENANT LAW IN WISCONSIN

#PD15-F145
4 sessions, Mondays and Wednesdays
November 3, 5, 10 & 12
6 – 8 PM Room 243
Instructor: *John H. Fischer*
Fee: \$69

Landlord-tenant laws can not only be confusing, but they are constantly changing. This course is designed to give landlords, tenants or anyone a basic understanding of landlord-tenant laws in Wisconsin; this includes WI SS 704, ATCP 134, fair housing, lead-based paint and other issues. It has been updated to include revisions in the law that took effect in April 2012.

John Fischer has worked in the real estate business investment industry since 1993. He is the host of the Dr. Rent radio show that addresses landlord/tenant issues on a local radio station.

UWM SCHOOL OF CONTINUING EDUCATION

We are collaborating with the University of Wisconsin-Milwaukee (UWM) to offer a variety of respected and valued online certificate programs listed below. To register, email vickie.richmondhawkins@uwm.edu or go to: <http://www4.uwm.edu/sce/certificates.cfm?source=marathon>

Professional certificates are an affordable and convenient way to increase your value in the workplace. Frequently attained as a supplement or a stepping stone to a degree, certificates are earned through noncredit, hands-on professional development in a specific career discipline. These are some of the online offerings.

BUSINESS

Project Management Certificate: Online Track

The Project Management Online Certificate – Intensive Track is a full certificate program earned by completing six consecutive online courses in just over six months. Each course runs four to five weeks.

Fee: \$3,900

SOCIAL MEDIA MANAGER

The **Social Media Manager Certificate** is for individuals responsible for the strategic planning, alignment and integration of social media within their organization. Course elements and curriculum are focused on: *Identifying business opportunities that social media can support. *Aligning social media efforts to organizational goals. *Delivering a social media strategy. *Creating content roadmaps and measurement frameworks that integrate social media into the business. Six courses over 12 weeks.

Fee; \$2,499

SOLUTION-FOCUSED BUSINESS PROFESSIONAL

Facing a situation that's messy, complex, interconnected,

confusing? Where analysis is futile or failed, where things seem stuck and progress is vital? Then you need **Solution Focus (SF)**. The powerful and pragmatic SF approach, originally developed for therapy, is now being used by organizations around the world to build progress rapidly in tough situations - through coaching, team development, organizational change, and even business strategy. Now the world's leading SF consultant, Mark McKergow, is working with UWM to present his SF Business Professional program online.
Fee: \$1,795

NEW! DIGITAL MARKETING CERTIFICATE

Digitize your marketing skills with a Certificate from the UWM School of Continuing Education! Learn digital marketing strategy from industry experts and create deliverables that can be packaged for presentation to upper management. This certificate can be customized to meet your needs.

Fee will vary depending upon the electives chosen. For more information, contact: Pam Nellen, Program Manager, nellenp@uwm.edu, 414-227-3208

If your company would like to have any of these or other programs from the UWM School of Continuing Education offered onsite and face-to-face, please **contact Vickie Richmond Hawkins**.

SMART BOARD: BEYOND THE WHITE SCREEN #CF15-F607

3 sessions, Tuesdays

October 21 & 28, November 4

4:30 – 6 PM

Room UW CCE 216

Instructor: *Brad Schmicker*

0.4 CEU

Fee: \$49, includes a flashdrive

Admit it. You have a Smart Board and you know the basics. But you mainly use it to show those great educational YouTube videos to your class. You've attended school sponsored workshops and still do not feel comfortable. In this course, you'll remember it's called **SMART Interactive Technologies**. We'll start with a review your basic skills then step forward. Practice finding SMART Exchange files and "tweaking" them for your classroom needs. Expand your comfort zone by creating your own files that will amaze your students. Learn new tips and tricks while you take the time to expand and solidify your skills. Participants will leave the class with a file of links to interactive websites organized by subject and grade level. Participants should come with a laptop with Smart Notebook software installed.

SURVIVAL KIT FOR NEW TEACHERS

Fee: \$99

Start on the 3rd Wednesday of the month

Feel a little trepidation before entering your classroom? You're not alone! Whether you're already teaching, a newly credentialed graduate, or a substitute looking to transition to full-time, this course will provide you with proven tools, tips, and tricks to make your early years in the classroom a breeze.

Teaching is a balancing act, and it requires a blend of subject expertise and classroom skills to reach all of your diverse learners. In this informational and interactive six-week course, you'll learn the particulars of running a motivational classroom that will feel like home to your students.

You'll find out how to write winning lesson plans, reach diverse learners through differentiated instruction, communicate clearly, plan memorable events, and most important, keep stress at bay so you can feel good about going to work every morning.

Much like a virtual mentoring program, Survival Kit for New Teachers will provide you with benefits gained through many years of firsthand classroom experience.

"Thanks for a great course. We've placed a few more pieces into the jigsaw puzzle of my knowledge base. The picture is getting clearer. On to the next course!"

CREATING THE INCLUSIVE CLASSROOM: STRATEGIES FOR SUCCESS

Fee: \$99

Start on the 3rd Wednesday of the month

In this professional development course for teachers, you'll get the training you need to reach the diverse mix of students you face every day—learning proven strategies for inclusion that turn diversity into opportunity. With a mix of students who have learning disabilities, neurobiological disorders, and physical challenges, the modern classroom requires an efficient and effective teacher who can prioritize under tight deadlines and be creative on demand. Over the next six weeks, you'll learn how to be the kind of super teacher who can guide every student toward academic success. And do you know what the best part is? You don't have to tear your hair out in order to adapt each lesson so that it makes sense for all your students!

Over the course of 12 lessons, you'll discover creative, low-budget strategies for turning your inclusive classroom into a nurturing, supportive learning environment that helps every student. If you're looking for the right way to get all your students excited about coming to school, this is the course for you!

"The content was practical and useful. I found many ideas I'd like to use in my own teaching..... What a practical way to develop as a teacher without taking large amounts of time away from actual teaching in order to participate."

HOW TO GET STARTED WITH THE ABOVE LISTED ED2GO ONLINE COURSES



1 Go to: www.ed2go.com/uwmcconed

2. Click the Courses link, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course.

Here you will enter your e-mail address and choose a password that will grant you access to the Classroom.

3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

FILES, FOLDERS AND FINDING THINGS

#CF15-F602

1 session, Tuesday

October 7

5:30 – 7:30 PM

Room 300

Instructor: *Mike Theiss*

Fee: \$19

0.2 CEU

Materials: Bring a flash drive

Have you ever saved your files only to find you have no idea where they were saved? In this class you will learn how to make folders, copy/paste files or digital images into these folders, and how to find them later. You will also learn how to save files to the USB jump or flash drive.

This course is recommended before taking digital camera courses.

BEGINNING EXCEL®

#CF15-F603

2 sessions, Saturdays

October 4 & 11

8:30 AM – 12:30 PM

Room 300

Instructor: *Mike Theiss*

Fee: \$89 includes flash drive

0.8 CEU

The Excel® spreadsheet program is one of the most widely used desktop business tools. At the end of this course you will be able to do basic spreadsheet data entry, formatting, formula writing and printing.

DON'T JUST SEARCH – FIND SOMETHING!

#CF15-F610

1 session, Tuesday

October 21

5:30 – 7:30 PM

Room 146

Instructor: *Renee Wallin*

Fee: \$19

0.2 CEU

This presentation will identify key differences between the “public” Internet and the “private” Internet and reveal search strategies to be successful in both realms. A detailed overview of the public Internet using the search engine Google® (and the various filters that Google provides for more precise searching and more relevant results) will be a focus of the session. Other search engines and Internet tools will also be discussed, such as meta-search engines, directories, and specific websites.

You will also be introduced to some of the UWMC Library’s article databases that contain full text scholarly content. These databases include topics dealing with medical issues, art, the sciences and newspapers. Students in the class will have free access to these resources during the two-hour session.

There will also be time devoted to question and answer, as well as hands-on time for experimentation in the UWMC computer lab. Note that the private resources demonstrated are available for free to community users at the UWMC Library.

BASICS OF ONLINE SOCIAL NETWORKING

#CF15-F604

2 sessions, Tuesday & Thursday

November 11 & 13

5:30 - 7 PM

Room 300

Instructor: *Mike Theiss*

Fee: \$29

0.4 CEU

Much like going to a party or joining a book club, social networking can be a lot of fun. And, like getting involved in a writer’s group or going to a business conference, it can also be very productive for your career. Social networking can be many things to many people, but you won’t ever know what it could mean to you until you try it out for yourself. Learn about many of the social networks available, the focus for each and safety issues.

MORE ... ABOUT TABLETS & IPADS®

#CF15-F613

1 session, Thursday

October 30

5:30 – 7:30 PM

Room 243

Instructor: *Mike Theiss*

Fee: \$19

0.2 CEU

Remember when a tablet was a pad of paper? In the digital world, a tablet is a device that becomes a virtual pad of paper, map, dictionary, game room, photo album, camera, library, and so much more. Take the next step in using your tablet and get the most out of your mobile digital device. You will leave the class knowing how to use apps, gesturing, customizing home screens, typing, adding content, using settings as well as troubleshooting common device issues and setting up security.

PHOTOSHOP® ELEMENTS v11

#CF15-F606

6 sessions, Mondays & Wednesdays

November 3, 5, 10, 12, 17 & 19

6:30 – 8:30 PM

Room 145

Instructor: *Brad Schmicker*

Fee: \$89 includes flashdrive

1.2 CEU

Learn the basic tools of Photoshop®. Create artwork from sample images using layers and filters. Learn how the enhancing tools can improve your photos. Bring your photos into the last session to practice repairing or improving their final print form.

You’ll use Photoshop Elements® version 11. You will gain enough confidence to explore on your own and make this photo editing program a favorite on your desktop.

Prerequisite: Computer Basics or equivalent experience.



OUR TECHNOLOGY INSTRUCTORS

Mike Theiss is an experienced computer software consultant and former lecturer in computer science at UWMC.

Renee Wallin is the reference librarian for UWMC.

Brad Schmicker was a teacher and technology specialist in the Wausau School District. He also teaches Photoshop® classes for College for Kids.

DIGITAL SLR PHOTOGRAPHY PART 2

#PE15-F129

3 sessions, Tuesdays

November 4, 11 & 18

6:30 – 9 PM

Room 195

Instructor: *Scott Savage*

Fee: \$69

0.8 CEU

This course is designed for the digital SLR camera user who would like to “put it all together.” Using your knowledge of SLR camera controls and the introduction of image crafting techniques you will learn to create truly exceptional digital images. Through hands-on and visual instruction you will learn composition, use of graphic elements, lighting for mood and impact, depth of field and scenery photography, use of camera filters, portrait tips, and pitfalls.

Prerequisite: Digital SLR Photography Part 1 or comparable experience.

Materials: A digital SLR camera or digital camera with manual overrides and its manual.

MACRO DIGITAL PHOTOGRAPHY

#PE15-F131

1 session, Wednesday

November 19

6:30 - 9 PM

Room 195

Instructor: *Scott Savage*

Fee: \$29

Learn how to make macro/close-up photographs with your camera. You will also learn about your equipment and gain many tips for macro photography. This workshop will include a slide show, a hands-on photo session and review of student work.

Bring your digital camera with a close-up mode and the camera instruction book.

Scott Savage has an associate degree in photography from MATC. For 18 years he was the staff photographer for the Marshfield Clinic and has taught photography classes in Marshfield. He currently is a freelance photographer and artist.

DIGITAL SLR PHOTOGRAPHY PART 1 SECTION A

#PE15-F128

3 sessions, Tuesdays

September 23, 30 & October 7

6:30 – 9 PM

Room 195

OR SECTION B

#PE15-F130

3 sessions, Wednesdays

October 15, 22 & 29

6:30 – 9 PM

Room 195

Instructor: *Scott Savage*

Fee: \$69

0.8 CEU

This course is designed for the digital SLR camera user who would like to take the camera off “auto” and learn to get the most from the camera’s features. Through hands-on and visual instruction you will learn many key functions of the digital SLR camera, including camera functions and digital lingo, f-stops and shutter speeds, lens selection and perspective, equipment recommendations, camera settings, and lots more.

Materials: A digital SLR camera or digital camera with manual overrides and its manual.



ED2GO ONLINE INDIVIDUAL COURSES

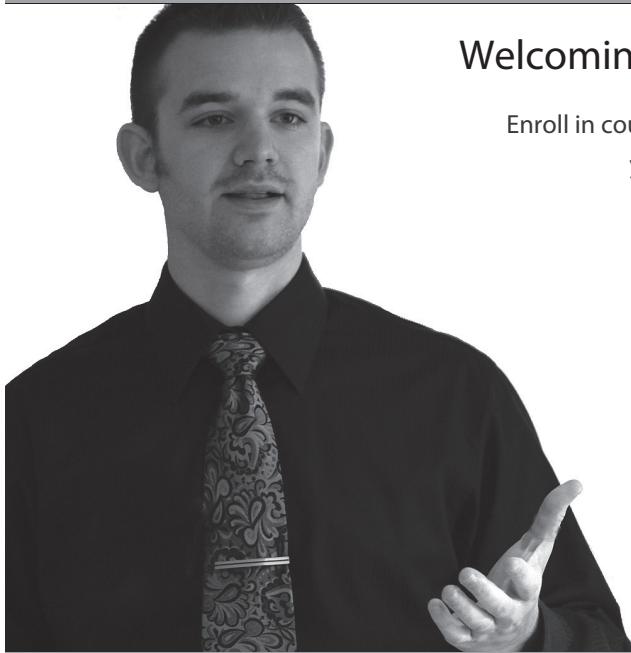
Go to: www.ed2go.com/uwmcconed

- **Creating Web Pages**
- **Introduction to QuickBooks®**
- **Introduction to InDesign CS6**
- **Search Engine Marketing**
- **Advanced Microsoft Excel 2013**
- **Advanced PC Security**
- **Business and Marketing Writing**
- **Creating a Successful Business Plan**
- **Employment Law Fundamentals**

AND MANY MORE!

Earn Your UW Business Degree

Without the Expense of Leaving Wausau



Welcoming New Students and Returning Adults!

Enroll in courses at UWMC that lead to your Bachelor of Science in Business Administration.

Contact Lori Brandt
at 715-261-6229

- Maximum Flexibility: Live/Hybrid/Online Classes
- Maintain Current Employment
- Shorten Your Commute
- Live at Home
- Stay Close to Family and Friends

UWSP Business at UWMC

www.uwsp.edu/uwmc



University of Wisconsin
Stevens Point

COLLEGE OF THE EMERITI

The College of the Emeriti, started in 1987, is an economical plan with several benefits to meet the educational needs of adults age 50 and over.

We are proud to pledge the university's resources to this program that supports the concept of learning as a lifelong pursuit. As a member you have the opportunity to enhance your personal growth in a stimulating, intellectual and friendly campus atmosphere.



MEMBERSHIP BENEFITS!

- ◆ **Free admission** to one continuing education class per year (certain courses are excluded) and reduced rates on several other courses.
- ◆ **Free admission** to the "Soapbox Series," faculty lectures held monthly throughout the school year.
- ◆ **Reduced admission** to all UWMC Lecture & Fine Arts events.
- ◆ **Free use** of the UWMC pool and library during scheduled hours and access to the cafeteria.
- ◆ **UWMC Fitness Center** for a small fee and if prerequisites are met.

Annual membership fee - \$69

COLLEGE OF THE EMERITI KICKOFF

Thursday, September 25
6 – 6:45 PM, Sonnentag Hall
7 pm, Speaker-James F. Veninga Theater
Framing/Reframing:
The Five "Media Pillars" of Islam
with Munir Jiwa

SOAPBOX LECTURES are scheduled at the beginning of each month during the academic year. Days and times may vary. This year all lectures will be in Sonnentag Hall, UW Center for Civic Engagement

Wednesday, October 1 ◆ 10 AM

The David R. Obey Resource Center: How it Matters
Eric Giordano

Wednesday, November 5 ◆ 10 AM

WPR: 100 Years of Wisconsin Life
Rick Reyer

Thursday, December 2 ◆ 10 AM

Epidemics in Education
Jeffrey Amundson

FREE classes from the Robert W. Monk Gardens ...

The Robert W. Monk Gardens has received a DNR Urban Forestry Grant to provide educational classes on a wide variety of topics. The upcoming series of classes will be split into an indoor lecture and outdoor hands-on experience:

WHEN IT RAINS IT POURS (STORM WATER MANAGEMENT)

Tuesday, September 9 6 – 7 PM

Sonntag Hall, UW Center for Civic
Engagement

Thursday, September 11 6 – 7 PM
Robert W. Monk Gardens

Water runoff from developed land can help create pollution and flooding problems in downstream waters, but methods exist to reduce or eliminate these problems. Participants will learn how these methods are being applied in the Marathon County area and what options individual homeowners have to help reduce the problems of runoff from their own properties.

One of the challenges in developing the Monk Gardens is how to control runoff as the gardens are developed. Discover what we are doing about storm water management as we prepare the grounds for our new Meditation Garden. You'll learn how some of these concepts can be applied to your own yard.

STOP THE INVASIVE SPECIES

Tuesday, September 16 6 – 7:30 PM

Sonntag Hall, UW Center for Civic Engagement

Thursday, September 18 6 – 7 PM

Robert W. Monk Gardens

Marathon County and other North Central Wisconsin areas have been invaded by a number of invasive woody plant species. Learn what the most common invaders are and why they are considered a problem. In the hands-on session learn how to control such species on your own property.

WHAT A DIFFERENCE A TREE MAKES (TREE CANOPY)

Tuesday, September 23 6 – 7:30 PM

Sonntag Hall, UW Center for Civic Engagement

Thursday, September 25 6 – 7:30 PM

Robert W. Monk Gardens

Learn the role trees play in creating the urban forest we live in. How do we go about selecting the appropriate species of trees, where do we plant them, and what care do they need to grow up into healthy trees?

WWW.RWMONKGARDENS.ORG

EVENING FALL CREDIT CLASSES AT UW-MARATHON COUNTY

Working adults can get started or keep working on a college degree with UWMC's fall semester evening courses.

All classes start at 4 p.m. or later and are 3-credit courses unless otherwise noted. Contact the Student Affairs Office to register.

ART 154/254/255: Introduction to Ceramics, Intermediate Ceramics, Ceramics II – 6:30 - 9:20 p.m., Mondays and Wednesdays.

BIO 105: Greek and Latin Origins or Medical and Scientific Technology – 5:30 - 8 p.m., Tuesdays.

BUS 204: Managerial Accounting – 4 - 5:15 p.m., Mondays and Wednesdays. Prerequisite: BUS 201.

BUS 242/PHI 243: Business Ethics – 5:30 - 8:15 p.m., Mondays.

CTA 103: Introduction to Public Speaking – 4 - 6:30 p.m., Wednesdays.

CTA 131: Theatre Laboratory, Acting/Technical Production/Theatre Management – 4 - 6:30 p.m., days to be announced. It is possible to enroll in more than one of these 1-credit sections, (Acting, Technical Production or Theatre Management), with permission of the instructor.

CTA 150: Introduction to Film – 4 - 6:45 p.m., Wednesdays.

EDU 220: Education in a Pluralistic Society – 5:30 - 8 p.m., Tuesdays. (The knowledge base and rationale for this course is specified by the DPI and meets requirements for teacher education and licensing.)

HES 031: Ballroom Dance – 6:45 - 9:15 p.m., Mondays. (1 credit).

MAT 105: Introduction to College Algebra – 5:30 - 6:45 p.m., Mondays and Wednesdays.

PHI 205: Philosophy of Love, Sex and Friendship – 5:30 - 8:15 p.m., Tuesdays.

SPA 101: First Semester Spanish – 4 - 5:10 p.m., Mondays, Wednesdays and Thursdays. (4 credits).

STRENGTH TRAINING BASICS FOR THOSE 50+


#PE15-F191

8 sessions, Tuesdays & Thursdays
September 23, 25, 30, October 2, 7, 9, 14 & 16
9:30 – 10:45 AM Room: Fitness Center
Instructor: *Paula Inger*
Fee: \$79

Limited enrollment

Recommended Text: *The Great Dumbbell Handbook*, ISBN: 0-9696773-1-6 available online at www.productivefitness.com

Expand your fitness horizons. Strength training past 50 years of age makes you realize how valuable this training is for the aging human body. You'll learn about specific strength tests, nine safety essentials, many age-appropriate exercises and how to develop a workout plan that works for you.

Those who complete this course will receive a temporary pass to the UWMC Fitness Center for the remainder of the semester and be eligible for future use of the Fitness Center.

Paula Inger is a lecturer in health & exercise science at UWMC.

TAPPING FOR HEALTH

#PE15-F193

1 session, Wednesday

September 24

5:30 – 7 PM

Room 193

Instructor: *Sandra Grass*

Fee: \$15

This experiential class will allow you to practice a safe, gentle finger tapping sequence to settle the central nervous system and reduce tension and some pain.

KEEP IT MOVING

#PE15-F194

1 session, Wednesday

October 1

5:30 – 6:30 PM

Sonnentag Hall

Instructor: *Sandra Grass*

Fee: \$12

Learn simple physical exercises to music and performed in a chair. These exercises involve memory recall, strategic planning, kinesthetic learning, and expanded creativity.

Sandra Grass is state certified as a mental health counselor. She has done post-graduate work in neurobiology, psychology, kinesiology and natural health.

Classes with this symbol



are available to the
College of the Emeriti
as a free course.

TRIBAL STYLE BELLY DANCING

#PE15-F197

6 sessions,

September 23 - October 7, 14, November 4, 18 & 25

5:30 – 6:30 PM

Room 133 Stage

Instructor: *Anna Nummelin*

Fee: \$59

Learn to do basic Middle Eastern dance and basic tribal style belly dance movements. Learn to appreciate and differentiate various styles of Middle Eastern and world dances such as tribal style belly dance, women's dance, world fusion dance styles and contemporary dances of North America.

Anna Nummelin holds an American Tribal Style Belly Dance General Certification and has taught and performed extensively since 2000.

These instructor-facilitated online courses are informative, convenient and highly interactive. Go to www.ed2go.com/uwmcconed to get started.

INTRODUCTION TO NATURAL HEALTH AND HEALING

\$99

Learn how to promote wellness, balance, and health in all aspects of your daily life.

ASSISTING AGING PARENTS

\$99

Are your parents in their golden years? Learning how to help parents or other loved ones through their transition can prepare us for our own. You will learn what to expect, what to watch for, how to deal with physical and emotional challenges, and where to find resources to help. You'll learn how to handle most of the challenges you will face while coming to appreciate and cherish the privilege of the journey.

CERTIFICATE IN COMPLEMENTARY AND ALTERNATIVE MEDICINE \$210

(27 contact hours) Enhance your professional marketability by recognizing the impact spiritual values and beliefs have on health and healing.

CERTIFICATE IN END OF LIFE CARE \$205

(26 contact hours) Earn a certificate proving you understand the needs of individuals living with debilitating, chronic or terminal illnesses.

ALLEGRA Learning Solutions, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Another Program for Retirees!

LEARNING IN RETIREMENT (LIR)

The Learning in Retirement (LIR) at UWMC is a membership organization of retired adult learners providing an opportunity to share learning experiences and discover new joys. It is sponsored by UWMC Continuing Education, but governed and programmed by an all-volunteer steering committee. **New volunteers are welcome for the steering committee.**

Programming will expand as members suggest programs. All instructors and moderators are volunteers.

A LIR membership includes two sessions, Fall and Winter/Spring. The membership year runs from September 1 to June 30.

Membership Fee: \$25

LIR offerings for this fall are listed below. To participate in these, you do need to be a current member of the Learning in Retirement program.

Membership in the *College of the Emeriti* is separate from this program.

BOOK DISCUSSION

Tamarack County by William Kent Krueger

Thursday, September 25 2:30 – 4 PM
Room 238

Join Kathy Serley and others to discuss this Midwestern mystery writer from Minnesota.

TED TALKS AND COFFEE

Discover the world of TED Talks and share the experience with others. Join us in the **Terrace Room on Thursdays from 2:30 – 4 PM** unless noted otherwise.

October 2 – Diana Roisse: *The Interspecies Internet*

October 9 – Benjamin Zander: *The transformative power of classical music*

October 16 – Michael Sandel: *The lost art of democratic debate*

October 23 – **Room 238** Billy Collins: *Everyday moments, caught in time*

October 30 – Sarah-Jayne and Blake Moore: *The mysterious workings of the adolescent brain*

November 6 – Sebastian Thurn: *Google's driverless car*



INTERNATIONAL DINNERS

THE RUSSIAN FEDERATION WITH OLGA COTEY

Friday, October 3

5:30 – 6:15 PM, Social, Terrace Room

6:15 - 7:15 PM, Lecture, Auditorium

7:15 – 9:00 PM, Dinner, Dining Room

IN SEARCH OF ANCESTORS IN NORWAY

WITH RON LIPPI & VICKIE RICHMOND HAWKINS

Friday, November 7

5:30 – 6:15 PM, Social, Terrace Room

6:15 - 7:15 PM, Lecture, Auditorium

7:15 – 9:00 PM, Dinner, Dining Room

Fee: \$25 per person

Two for \$49



“*Sweet Dreams*’ serves up a remarkable tale of resilience.”

~ Kenneth Turan, *Los Angeles Times*

FILM: SWEET DREAMS

Tuesday, September 30, 7PM

James Veninga Theater, UW Center for Civic Engagement

This documentary film is about the only ice cream shop in Rwanda. After the showing, the film makers will join the discussion via Skype.

Free. Sponsored by Briq’s Soft Serve.

November 13 – Mike Biddle: *We can recycle plastic*

November 20 – Miranda Wang & Jeanny Yao: *Two young scientists break down plastics with bacteria*

December 4 – Marla Spivak: *Why bees are disappearing*

December 11 – Bob Mankoff: *Anatomy of a New Yorker cartoon*

MAXIMIZING SOCIAL SECURITY

Session A, Tuesday, September 30 #PD15-F271
Session B, Tuesday, October 7 #PD15-F272
Session C, Thursday, October 9 #PD15-F273
6 – 9 PM Room 243
Instructor: *Navi Dowty*
Fee: \$19

Plus material fee: \$5

Learn how to maximize your Social Security benefits, reduce taxes on them, and how the wrong Social Security decision can cost you money. Discover how two little known strategies could increase your family income and survivor benefits.

RETIREMENT PLANNING: ABC'S OF CONSERVATIVE INVESTING #PD15-F274

3 sessions, Tuesdays
October 21, 28 & November 4
6 – 8:30 PM Room 243
Instructor: *Navi Dowty*
Fee: \$49

Plus material fee: \$10

This course provides a fundamental working knowledge of the principles of conservative investing as they apply to retirement planning. The materials cover varied aspects of conservative investing, such as changes in investing paradigms, history of markets, impact of bear markets, retirement budgeting, aspects of financial decisions, and more, while highlighting the ABC Model of Investing. You will increase your awareness of the overall risk in the markets, as well as possible asset allocation models to help manage exposure to risk. This course also covers conservative investing, income planning, asset allocation, and appropriate financial decisions. It is not designed to give specific solutions to individual needs.

This is not a financial seminar. But it is a financial course where you will leave with the knowledge and confidence to make financial decisions suited to your level of risk and be inline with the investment goals and objectives you establish.

Navi Dowty is the owner of Navi Dowty & Associates, Inc. and Associated Retirement Planners, Inc. He has been working in the financial services industry for over 40 years.

Classes with this symbol



are available to the College of the Emeriti as a free course.

SAVE \$

and take all three music appreciation classes

#F136, F137 & F140 for \$100

ROMEO & JULIET: A SURVEY OF THE TRAGEDY IN THE ARTS #PE15-F136

3 sessions, Mondays
September 29, October 6 & 13
7:45 – 9:15 PM Room 238
Instructor: *Jacob Roseman*
Fee: \$39



Come and explore how William Shakespeare's literary masterpiece has been adapted within the performing arts. We will specifically study adaptations of this work by Peter I. Tchaikovsky, Hector Berlioz and Sergey Prokofiev. The instructor promises that the class will have a happy ending.

THE GENIUS OF HECTOR BERLIOZ (1803 – 1869) #PE15-F137

3 sessions, Mondays
October 20, 27 & November 3
7:45 – 9:15 PM Room 238
Instructor: *Jacob Roseman*
Fee: \$39



Hector Berlioz is known as one of France's most gifted, yet controversial musical ambassadors. His music was well ahead of its time and not always well appreciated by his fellow Parisians. Join us as we study the great wealth of masterpieces this Romantic icon contributed to Western music.

CLASSICAL HOLIDAY MUSIC: MUSIC FOR ROYAL HOLIDAYS, RELIGIOUS HOLIDAYS AND PAGEANTS #PE15-F140

3 sessions, Mondays
November 10, 17 & 24
7:45 – 9:15 PM Room 238
Instructor: *Jacob Roseman*
Fee: \$39



Prior to the stage, much of earlier classical music was intended for functional purposes, usually for secular and religious occasions. Over the years, much of this music has kept its popularity and today also shares its home on concert stages. Join us to explore these great musical gems, which make everyday a holiday!

Dr. Jacob Roseman has degrees from the Philadelphia College of the Arts, the Eastman School of Music, Florida State University and a certificate from the Mozarteum (Salzburg). He has taught at the Eastman School of Music, Florida State University, UW-Stevens Point, UW-Oshkosh, UWMC Continuing Education and Morehead State University.

PALESTINE MOVIE NIGHT #PE15-F144

3 sessions, Thursdays
 October 2, 9 & 16
 4 – 6 PM

Room 233

Instructor: *Elaine Strite*

Fee: \$35

Learn about Palestinian life under occupation through film and discussion. The first movie is a documentary shot in a village next to the Israeli-built separation wall. The second focuses on the Christian community in Palestine. The third tells the story of a Palestinian family living in Jordan. Some short readings may be assigned.

Elaine Strite has lived and worked in Egypt, Palestine and Lebanon for nearly 30 years. She enjoys sharing her appreciation for the Arab world with western audiences. She believes that movies and literature from the region increase our enjoyment and understanding of Middle Eastern culture and society.

**A GOOD CHAIR:
 CREATIVE WRITING**



#PE15-F201

4 Sessions, Tuesdays
 November 4, 11, 18 & 25
 6:30 – 8:30 PM

Room 192

Instructor: *Victoria Lindsay*

Fee: \$59

Your chair awaits. Imagine what will happen when you energize your writing. See your words explode off of the page. Build anticipation. Surprise us. Poets, writers of prose, and others eager to improve their writing are welcome.

- Learn and practice the specifics of creative writing excellence.
- Create a journal of brief daily writings to share.
- Complete and share a work or two in your preferred genre.
- Receive helpful feedback and learn how to critique your own work.

Although there are assignments to complete, this is not a competitive class. Relax. Have fun with other “wordworkers”!

BEING HUMAN

#PE15-F202

4 Sessions, Thursdays
 October 23, 30, November 6 & 13
 7 - 9 PM

Room 238

Instructor: *Loretta Ulmschneider*

Fee: \$59/ \$39 for College of Emeriti

What is the nature and power of being human? What potential lies within each unique person? This class will give you an opportunity to see yourself and others from a positive, philosophical perspective based on Kinlein’s theory. Come and explore: the power of will and intention; intuition, inspiration, vision, thought and dream; and what guides us in relationships.

CARING WITH PEOPLE

#PE15-F154

4 Sessions, Mondays
 November 17, 24, December 1 & 8
 7 - 9 PM

Room 243

Instructor: *Loretta Ulmschneider*

Fee: \$59/ \$39 for College of Emeriti

We all care for and with others in many different kinds of relationships. Come and explore: the power and responsibility of every human being; principles that provide a roadmap for harmonious living; and the paradigm shift of caring with others. This class draws on 40 years of the work of a pioneer in the field of caring, called kinlein.

ACT PREP COURSE

#YO15-F45 1

SATURDAY, OCTOBER 11

8:30 AM – 3:30 PM

Room 233 Fee: \$30

Registration deadline:

Friday, September 28

This prep session is designed to assist the student in preparing for the ACT assessment.

Areas to be covered are:

- test-taking strategies
- English usage/mechanics & rhetorical skills
- math problem-solving strategies
- algebra, geometry and trigonometry reviews
- science data representation, analysis and interpretation of research summaries and conflicting hypotheses

Enrollment is limited. **Register early!**

Confirmation notices are not sent.

You will only be notified if this course is canceled or changed.

UW COLLEGES STUDY ABROAD PROGRAMS ARE OPEN TO COMMUNITY MEMBERS ...

WINTER IN THE CARIBBEAN?

Consider spending time in the Caribbean from **Friday, January 16, 2015 to Saturday, January 24, 2015** and learn about the culture, literature, and economy of Puerto Rico, a United States territory. You can take an optional online course in advance of your trip from **Monday, January 5, 2015 to Thursday, January 15, 2015** to supplement your knowledge prior to your departure.

Cost of this program:

\$2,775 triple occupancy;

\$2,860 double occupancy

\$3,625 single occupancy

Please note: 50% of the fee is due Friday, September 12, 2014 with final payment by Friday, October 10, 2014.

Interested?

Consider attending a sneak preview to experience the music, scenery, and food of Puerto Rico on Tuesday, September 2, 2014 and September 9, 2014 from 6:30 pm to 8 pm on the UW-Marshfield/Wood County Campus. Cost of this optional event is \$25.

For questions concerning the online course or trip content, please e-mail **Jeff Kleiman at jeffrey.kleiman@uwc.edu** or **Julie Tharp at julie.tharp@uwc.edu** For other questions, please call the Continuing Education office at UW-Marshfield/Wood County, **715-389-6520**.

SPANISH IMMERSION PROGRAM IN NICARAGUA

SPA 18/215 2 Credits and LEC 115: 1 Credit, Winterim 2015

Nica Mundo is a 19-day UW-Colleges study abroad program in Nicaragua—where the beauty of the land matches that of its people. This program allows students to fully engage in Nicaragua's language, cultural traditions, family life, ecology and socio-educational progress. Nica Mundo includes Spanish coursework with host family stays; high impact service learning projects; a sister school exchange, area NGO visits, historical tours throughout Managua and Granada; hands-on cultural experiences such as folkloric dances and a visit to an ancient artisan pottery village. This program wraps up with breathtaking ecological tours by boat and land—exploring Nicaragua's volcanoes, islands and nature reserves. **Down payment and registration due by October 20, 2014.**

January 1 – 20, 2015 Estimated Fee: \$3,490
Contact Jessica Laeseke at 608-647-6186 x4 jessica.laeseke@ucw.edu.

RAINFOREST & REEF: TROPICAL ECOLOGY OF BELIZE

March 21 – 28, 2015

Instructors:

Paul Whitaker, UW-Marathon County and Stephanie Vrabek, UW-Fox Valley

Students will receive three

UW Colleges credits of **BIO 298 (NS/LS) – Special Topics in Biology – Spring 2015**. The online component of the course will include six sets of readings and questions to be completed during the first half of the Spring 2015 semester. These assignments are intended to establish a baseline knowledge about the habitats the students will be visiting and investigating. The travel portion of the course will take place over spring break. During the first half of this seven-day visit to Belize, students will learn about the plants, animals and ecology of the Belize rainforest through guided hikes and field investigations. The second half of the trip will take place on South Water Caye, a pristine island along the Belize barrier reef and part of a UNESCO Heritage Site. During the stay at South Water Caye, students will conduct marine investigations on the reef and begin independent research projects. Lab write-ups and a formal research project report will be due before the end of the term. See complete itinerary below.

Community members can audit BIO298 and not have to worry about papers and grades, but still gain the knowledge to enhance the travel portion of this study abroad experience.

IMPORTANT DATES

- October 1, 2014 - deadline for UW Colleges scholarship application.
- October 15, 2014 – deadline for program application with \$500 deposit.**
- December 19, 2014 – second installment payment of \$1,000 due.
- February 1, 2015 – Balance due of \$1,890.
- January 26, 2015 – online class begins.
- March 21 – 28 – travel portion of the course.
- May 16, 2015 online class ends – final research report due.

Deposit with application: \$500

Total Cost of the trip: \$3,390

Download application at:

<http://www.uwc.edu/academics/abroad/>

SUBMIT APPLICATIONS TO:

UWMC Continuing Education

518 South 7th Avenue, Wausau, WI 54401



Mail this form to:

University of Wisconsin-Marathon County, C.E. Department - 518 South 7th Ave., Wausau, WI 54401

**CONTINUING EDUCATION
REGISTRATION**

Please complete this form for each class participant. *If registering more than one participant, please make copies of this form.*

Name _____ Daytime phone _____

E-mail _____ If registering child: Parent's name _____

Address _____

City _____ Zip _____ Age: Under 18 18-34 35-49 50-64 65+

Course _____ Start Date _____ Fee _____

Course _____ Start Date _____ Fee _____

Course _____ Start Date _____ Fee _____

Course _____ Start Date _____ Fee _____

Method of Payment:

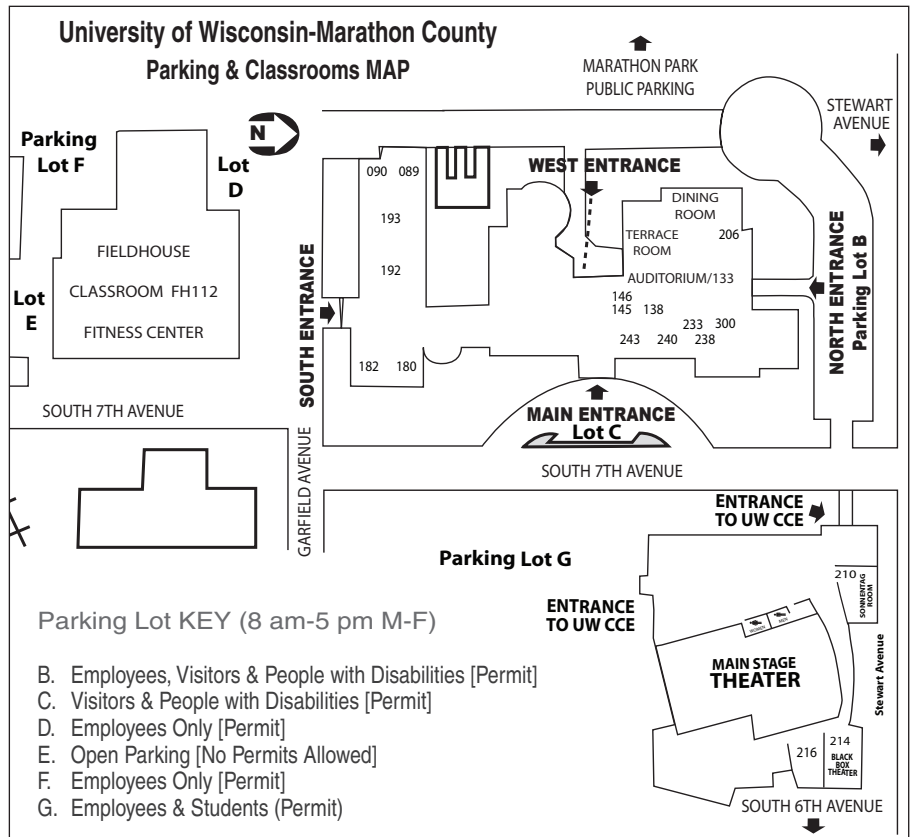
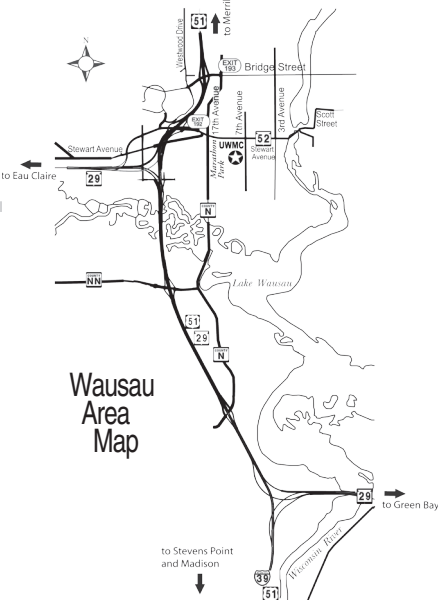
Check (payable to UWMC)    Credit Card # _____ Exp. Date _____

Signature of Card Holder _____ Date _____



NOTE: Room numbers indicated on building map are those being used by CONTINUUM classes and events and L&FA and Theatre events and are approximate locations on various levels of the buildings.

Parking Lot A is not shown and is across Stewart Ave. to the North and is always restricted to Marathon Hall residents ONLY. All other parking lots are available after 5 pm weekdays and all day on weekends. Ample parking in Marathon Park.



OPEN THE DOOR . . .

Current resident or:

THEATRE

JOIN US FOR A PRE-HOLIDAY WEEKEND, DECEMBER 6 & 7

CHRISTMAS AROUND MILWAUKEE BAKERY BUS TOUR AND LUNCH

Travel around the world and back without leaving Wisconsin on our Christmas Around Milwaukee Bakery Bus Tour! An excellent opportunity to celebrate the holidays while sampling delicious cookies from a collection of bakeries in Milwaukee! The three-hour bus tour will feature stops at bakeries throughout the area while enjoying stories of ethnic holiday traditions in route.

In the evening it's time for classic hijinks and droll banter – an unbeatable holiday treat! *Harvey* is the perfect comedy for the holiday season.



THE MILWAUKEE REP AT 8 PM

Elwood P. Dowd has a friend in Harvey—a six-foot-tall rabbit “pooka,” visible only to him. Elwood’s behavior relating to his invisible friend is a constant source of frustration for his long-suffering family. Winner of the Pulitzer Prize, and made famous by Jimmy Stewart’s performance in the iconic 1950 film.

Fee: \$ 239

Deposit of \$39 due by October 3

PIPPIN



Saturday
February 21, 2015
Orpheum Theatre, Minneapolis
Fee: \$159
Deposit of \$50 due by
November 14

Pippin is back on Broadway for the first time since it thrilled audiences 40 years ago. The show *The*

New York Times declared “Astonishing. A Pippin for the 21st century.” It won the Tony Award® for BEST MUSICAL REVIVAL! With a beloved score by Tony® nominee Stephen Schwartz (*Godspell*, *Wicked*), Pippin tells the story of a young prince on a death-defying journey to find meaning in his existence. Will he choose a happy but simple life? Or will he risk everything for a singular flash of glory. This captivating new production is directed by Tony® winner Diane Paulus (*Hair* and *The Gershwins’ Porgy and Bess*). It features sizzling choreography in the style of Bob Fosse and breathtaking acrobatics by *Les 7 Doigts De La Main*.